

VARSITY PRACTICE TIME: 6:00 AM
JV PRACTICE TIME: 4:30 PM

Eastlake Uniform Schedule
2021-2022

Revised: November 24, 2021

MEN
SEASON

Day	Shirt	Shorts
MONDAY	PURPLE LONG SLEEVE	GREY MESH
TUESDAY	ORANGE SHIRT	PURPLE SHORTS
WEDNESDAY	CHOICE	CHOICE
THURSDAY	WHITE SHIRT	ORANGE/BLACK SHORTS
FRIDAY	ORANGE SHIRT	GREY MESH
SATURDAY	CHOICE	CHOICE

LADIES
SEASON

Day	Shirt	Shorts
MONDAY	PURPLE LONG SLEEVE	GREY MESH
TUESDAY	ORANGE SHIRT	PURPLE SHORTS
WEDNESDAY	CHOICE	CHOICE
THURSDAY	WHITE SHIRT	ORANGE COMPRESSION
FRIDAY	ORANGE SHIRT	BLACK COMPRESSION
SATURDAY	CHOICE	CHOICE

COMPETITION DAY

<u>TEAM WARM-UP/STRETCH</u>	MYHOUSE TOP	MYHOUSE BOTTOM
<u>PRE-PRACTICE</u>	WHITE MH PULL-OVER	FIGHT SHORTS/COMPRESSION
<u>COMPETITION</u>	Singlet	